This is a very simple template with a list that has to grow dynamically:

* Item 1
* Item 2
  + Item A
  + Item B
  + Item C
    - Item C.1
    - Item C.2
* Item 3
* Item 4
* Item 5

1. Item 1
2. Item 2
   1. Item   
      2.A &
   2. Item   
      2.B
   3. Item   
      2.C
3. Item 3
4. Item 4
5. Item 5
6. Item 1
7. Item 2
   1. Item A
   2. Item B
   3. Item C
      1. Item C.1
      2. Item C.2
8. Item 3
9. Item 4
10. Item 5